





# Isle of Wight Health and Care Plan

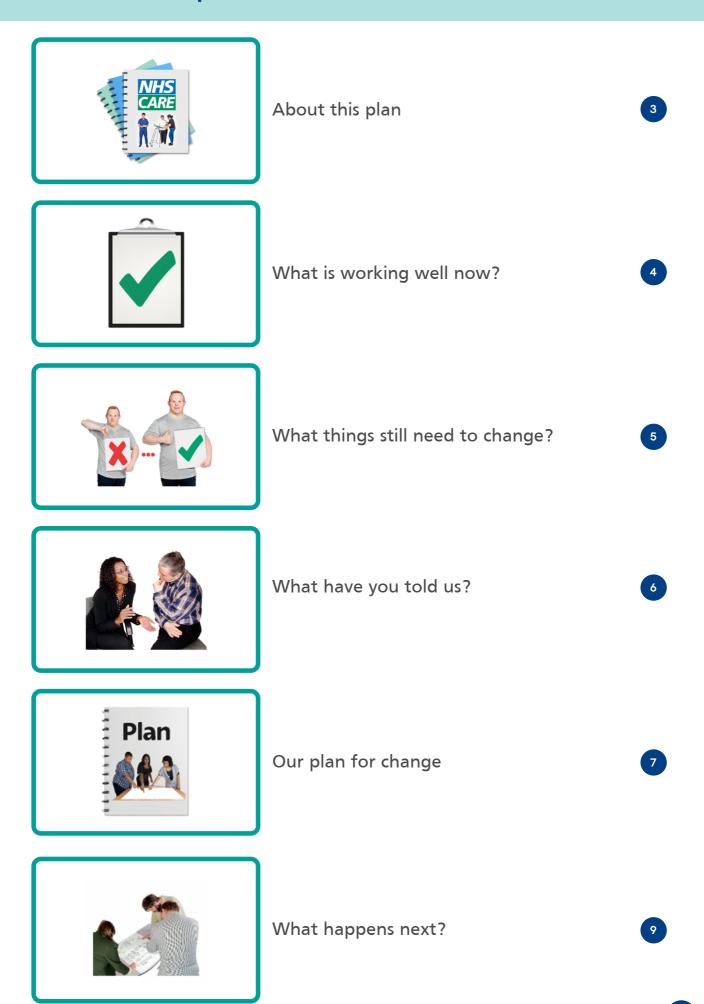
2022-2025

People living healthy, independent lives





# What is in this plan?



#### About this plan



This plan is about how health and care services will change on the Isle of Wight.



This has been written by the organisations you know like the Isle of Wight NHS Trust, the Isle of Wight Council, some of the charities and community groups that provide services and the people who commission (buy) services for the Island.



We know some services need to change and that we need to work together to help people on the Island.



We have looked at the information we have about health and care services.



We have listened to what people have told us.



This plan is about what we are going to do in the next three years.

# What is working well now?



We have made things better and changed how some of our services work.



People are staying in hospital for less time.



There is more support for people to have good lives in the community.



Mental health services that help people with their emotions, feelings and thoughts have got better.



We have been working with the community and with other organisations to make services better.



But we know we still need to make some changes so things get even better for people on the Isle of Wight.

#### What things still need to change?



Some people get poorer healthcare than other people, we call that 'health inequalities'. This can mean some people have less good health.



There are more people living on the Isle of Wight and they are getting older and have more health problems.



Some people have been affected by COVID-19 and will need more help from us.



Some people need to do more things to help themselves stay healthy and well.

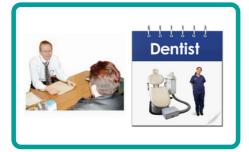


The people that provide health and social care services could work better together.

# What have you told us?



We have listened to the things you said needed to change.



You want to be able to see a doctor and a dentist more easily.



You would like services to talk to each other.



When you need help you want to get that help quickly.



You want to be able to choose where you get help (that might be at home if you can, or a hospital on the Isle of Wight or somewhere else).

#### Our plan for change



We will give people advice and information on how to look after themselves so they can do what is needed to stay healthy and well.



We will make sure everyone gets the same opportunity to stay healthy and well.



We will make it easier for people to get good care when they are ill.



We will make a plan for helping people as they get older and their families and carers.



We will provide the right care in the community where people live so they do not need to go into hospital unless they really need to.



We will provide more help to people who have problems with their mental health (feelings, emotions and thoughts).



We will help people who have been affected by COVID-19.



We will work better with other organisations and experts so we can provide the best services for people on the Isle of Wight.

# What happens next?



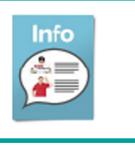
We will work together to make these changes.



We will keep listening to what you say.



We will involve you as we make services better on the Isle of Wight.



For more information go to https://iowhealthandcare.co.uk