



Help improve our health and care services. Have your say.

The Island's Healthcare Challenges 2022-25
What the data tells us

Covid-19 impact

- Those experiencing Long Covid may require ongoing support from health and care systems with increased need for care
- Contracting Covid-19 may result in additional people experiencing long-term medical conditions
- The impact of social distancing restrictions may result in increased social isolation and reduced mobility and people may need social care services sooner than they would have done
- Other lifestyle changes; diet, alcohol and smoking may have impacts for people's ongoing health and care needs
- There may be greater need for mental health services as a result of the pandemic
- We are likely to face continuing challenges linked to virus mutation with possible consequences for additional vaccination processes



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An ageing population

- The Isle of Wight has a much older population profile compared to the national average.
- Currently, more than **one in four people** in the Isle of Wight are aged over 65 years. By 2028, almost **one in three people** will be over 65 years (IOW Public Health Strategy 2020-2025)
- Overall population is expected to increase by **3.6%** by 2027
- In just 6 years the number of people living on the island aged between **80-84 years** will have increased by **51.9%**
- The percentage of people aged 65+ living on the Island is expected to increase by **45%** by 2041 compared to 2021
- Birth data show a steady decrease in the number of live births and general fertility rate



A dependent population



- People who live on the Isle of Wight live more years in poor health compared to England averages
- Approximately 16,900 residents (12%) across Isle of Wight have moderate or severe frailty and are at higher risk of falls, disability, admission to hospital, or the need for long-term care.
- Approximately 65% of IOW residents aged 65 years+ have 2 or more long term conditions, 32% of those aged 75 or over have 5 or more chronic conditions
- The highest cohort of severe/moderately frail residents are located around care homes on the island
- 7% of the population represents the highest level of complexity and number of longer term conditions and 38% of our spend
- Cancer and circulatory disease account for **over half of the deaths (65%) across Isle of Wight in 2019**

A population in need of support

- In the most deprived areas there are significantly higher levels of premature deaths, particularly deaths from heart disease and cancer
- 5 locations on the Island are considered to be in the highest risk category for loneliness
- Many factors result in increased need for social care services, such as older age, limited existing support, social isolation, long term medical conditions, and reduced mobility.
- As the Isle of Wight has an ageing population an increase in client numbers is expected due to the higher number of people in these older age groups
- Of the Top 20 registered Long Term Conditions (e.g. asthma, diabetes, rheumatoid arthritis etc) the Isle of Wight CCG has 17 conditions where the prevalence is higher than England averages.



Areas where our plan may need to focus

Prevention (of avoidable illnesses) and health inequalities and better access to primary care

Support to help people make healthier lifestyle choices

Digital support for people to access health and care remotely

Support for frail older people with clear care pathways

Community support for people with chronic conditions

Work with partners to develop opportunities to scale up services

Tackle social care challenges and provide more care closer to home

Invest resources to understand impact of Covid-19 on mental health and the elderly

Partnership work to improve service efficiency (e.g. in Theatres and Outpatients)

Working with partners to transform services and attract and develop workforce