

## PRACTICE PROFILE



| Area                                   | Location   | Contact Number   |   |
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| Occupational Therapy                   | Variety of locations across the Isle of Wight.<br>Main hospital base: St Marys Hospital,<br>Newport, Isle of Wight, PO30 5TG   | Hospital: 822099 plus ext.<br>Acute In-reach: 2049<br>Acute In-reach Stroke & Stroke ESD: 2500<br>Locality Therapies: 2069<br>Children's Therapies: 4520<br>Mental Health OT: 4077 |   |
| Directorate                            | Community and MH Division  | Review of Profile due  | February 2025   |
| Specialty Leads                        | Acute Inreach and Onward Flow: Kellie Carmichael<br>Acute Inreach and Onward Flow (Stroke and Stroke ESD): Ellie Chad<br>Mental Health: Sarah Smith<br>Locality Therapies: Helen Long/Shane Innes<br>Children's Therapies: Amy Duncan  | OT Professional Lead   | Interim: Tony Green<br><a href="mailto:anthony.green3@nhs.net">anthony.green3@nhs.net</a> |
| Education Lead                         | Lucy Denman  |  |   |
| Education Lead Contact Details         | <a href="mailto:Lucy.Denman@nhs.net">Lucy.Denman@nhs.net</a> - (please use Tony Green as intermim)   |  |   |
| HEI Representative                     | Karen Witts – Placements Lead UoS -<br><a href="mailto:K.J.Witts@soton.ac.uk">K.J.Witts@soton.ac.uk</a><br>Rachael Dadswell – Programme Lead UoS -<br><a href="mailto:R.Dadswell@soton.ac.uk">R.Dadswell@soton.ac.uk</a><br>Programme Lead UWE – Becky Barnes<br><a href="mailto:Becky.Barnes@uwe.ac.uk">Becky.Barnes@uwe.ac.uk</a> ; <a href="mailto:OTDA@UWE.AC.UK">OTDA@UWE.AC.UK</a><br>Juliette Truman- Bournemouth university-<br><a href="mailto:jtruman@bournemouth.ac.uk">jtruman@bournemouth.ac.uk</a> |  |   |
| HEI's using this Learning Environment  | UoS, Bournemouth University AECC and UoW (particularly if Island Residents)<br>UWE for apprenticeship  |  |   |
| Learning Environment Mission Statement |  |  |   |

### LEARNING ENVIRONMENT PROFILE

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| General Information                     | Occupational Therapists work in many different clusters within the Trust. There are excellent links between the diverse range of OT specialities in the Trust.   |
| Description of Service and Client Group | <p><b>Acute In-reach and Onward Flow Occupational Therapy</b></p> <p>The team work within St Mary's hospital with people who need an occupational therapy assessment to enable a safe and timely transition back to their place of residence with appropriate support.</p> <p>The occupational therapists work within the acute therapies team, alongside physiotherapists and speech and language therapists.</p> |

All relevant policies and procedures relevant to the learning environment can be accessed via the Intranet

### **Acute In-reach and Onward Flow Occupational Therapy – Stroke Unit**

Occupational therapists on the stroke unit work closely with the multidisciplinary team on the ward at St Mary's hospital. The role is to assess a person's current abilities and then create a plan to maximise a person's ability to function as independently as possible. This can be through rehabilitation or compensatory methods to assist people to return to the activities they wish to complete. Occupational therapists will work closely with discharge teams to make sure that a patient has the correct care and equipment to safely manage at home after discharge from hospital.

### **Stroke Early Supported Discharge**

This team identifies adults with a stroke diagnosis who would benefit from being discharged early. They provide intensive interdisciplinary rehabilitation and support. The stroke early supported discharge team is made up of occupational therapists, physiotherapists and speech and language therapists along with nurses, associate practitioners and a clinical psychologist. They continue to work in the community with people following their stroke. This can be in nursing homes, residential homes or within their own home. This goal focused team, work with patients to set realistic goals and support them to meet these.

### **Locality Therapies**

Community rehabilitation is provided in three localities across the Isle of Wight. The team is comprised of occupational therapists, physiotherapists, associate practitioners and rehab assistants. These three teams are responsible for providing the rehabilitation interventions, working in partnership with health and social care colleagues and patients, their families and carers. All therapy is holistically delivered, with a person-centred goal focused approach, to aid in helping individuals to achieve optimum levels of independence in all their activities of daily living. There are community rehabilitation beds that locality therapies service in several locations. Team members also provide rehabilitation within people's own homes and other nursing and residential homes, along with outpatient group therapy programs as well.

### **Mental Health Occupational Therapy Service**

Mental health occupational therapists cover the acute adult inpatient and psychiatric intensive care unit, as well as community recovery and outreach teams. The team has a recovery focused philosophy. Using creative and functional assessments and interventions to address self-care, leisure and productivity needs, with group work as essential as 1:1 work. There are occupational therapists in the children and adolescent team which can be visited as part of a placement.

### **Children's Therapy Service Occupational Therapy**


The philosophy of the children's occupational therapy is to facilitate and enable children, young people and their families/carers. Therefore, all interventions are designed to be implemented in the home and/or school and executed by clients, parents and/or school staff following discussion and training, to ensure competence. The occupational therapy team work as part of the children's therapies team which comprises of occupational therapists, physiotherapists and

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|  | speech and language therapists. The team work with children in their own homes, schools and in clinics at St Mary's hospital. |
| Description of related services & Client group | Please see above.   |

### LEARNER INFORMATION

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| Work Pattern (Start, finish times) | Generally 8.30am to 4.30pm with 30 minutes for lunch.<br>Please liaise directly with your supervisor to discuss specifics. If you have any requests please contact the department by email or phone to discuss.  |
| Dress Code                         | IOW NHS Trust dress code policy. Some areas wear uniform and some do not please discuss with your supervisor prior to placement start.<br><a href="#">Dress Code and Uniform policy.pdf (iow.nhs.uk)</a>   |
| Induction/Orientation programme    | Organisational induction provided by the Clinical Education Team, followed by local induction within clinical area   |
| Staff / rest room facilities       | This is dependent on area of work.<br>Please liaise directly with supervisor.  |
| Expectations during placement      | Students are expected to make contact with your supervisor and discuss specific arrangements as to the explicit arrangements for the specific placement. This is due to the diversity of the placements available and wide range of areas our team work within.<br>Complete all learning activities required by the HEI.<br>It is expected that students are engaged and open to learning opportunities within the placement area. |

### LEARNING OPPORTUNITIES & RESOURCES

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| Recommended reading/Websites   | Please liaise with your supervisor directly, as this is dependent on the clinical area.   |
| Common Abbreviations   | Please liaise with your supervisor directly as there may be a list of acceptable abbreviations specific to the team you will be working in. If not, then please do not use abbreviations not included in this document<br><br>Abbreviations.docx     |
| Specific learning opportunities  | The diversity of the services ensures you will be able to access a wide range of experiences on the Island. If there is something specific, you wish to learn please come ready to discuss this with your supervisor. If you have any questions, please feel free to discuss this with your supervisor before you begin your placement. |
| Specific areas of expertise/clinical skills                                      | Holistic OT assessments, treatment/intervention planning and provision. This details of these will differ depending on which team you are on placement with.  |
| Common Assessments / Interventions/Care pathways                                 | Individual teams may use different assessments and interventions specific to the client group they are working with.  |
| Models of practice experience e.g Hub and Spoke, Care pathways, Patient Journeys | There are a wide range of pathways and patient journeys that the people accessing our service benefit from.   |

### MULTIAGENCY LEARNING OPPORTUNITIES / RESOURCES

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| Multi-professional learners accessing the environment | A wide range of students from other professions are always within the Trust, students should take the opportunity to network with students of other disciplines to develop their knowledge and understanding of the MDT. |
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All relevant policies and procedures relevant to the learning environment can be accessed via the Intranet

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| Professionals working in the environment      | All our clinicians work within a multi-discipline model. Utilising the skills and support of other disciplines to ensure the optimal outcome for the people of the Isle of Wight. |
| Opportunities to meet EU directives (Nursing) | General and specialist medicine, general and specialist surgery, potential childcare and paediatrics, mental health and psychiatry, care of the old and geriatric, home nursing   |