

## PRACTICE PROFILE



Area	Location	Contact Number
Wellow Unit	Isle of Wight NHS Trust St Marys Hospital Parkhurst Road Newport Isle of Wight PO30 5TG	01983 822099 ext. 3614
Directorate	Unplanned	Review of Profile due
Professional Lead	Shane Moody	Department Manager
Clinical Education Team Link Lead	Stuart Egan	
Education Lead	Trish Reeves Ward Sister / Sarah Marriott-Hallam Deputy Sister	
HEI Representative	Academic Assessor	
HEI's using this Learning Environment	Open University, Southampton University, Portsmouth University	
Learning Environment Mission Statement	<p>Wellow Unit is a small, designated area currently situated temporarily within Compton Ward, as of August 2023.</p> <p>We care for people within their last hours to week of life and have three designated side rooms plus a family room. We have the potential to flex up to 6 beds depending upon the capacity within Compton Ward.</p> <p>Our focus is very much on person centred care; enabling individuals to die with comfort and dignity supported by those closest to them.</p> <p>We support loved ones with pre-bereavement care and follow up with our families post bereavement at 1 week and then 6 weeks after their loved one has died, making onward referrals to specialist bereavement support where necessary.</p> <p>We provide highly compassionate, holistic care to all individuals regardless of their own personal situations, and our aim is to allow patients to die comfortably within our care with their most important needs met.</p> <p>There is a strong emphasis on providing effective symptom control, administering medication via continuous syringe driver, sometimes with periodic infusions and with 'as required' medications</p> <p>Our Unit has strong links with the IPET, bereavement, chaplaincy and hospice teams, and as a learning environment will provide students with the fundamentals in compassionate and respectful end of life care.</p>	

### LEARNING ENVIRONMENT PROFILE

General Information	<a href="https://www.iow.nhs.uk/Working-With-Us/learning-zone/student-welcome.htm">https://www.iow.nhs.uk/Working-With-Us/learning-zone/student-welcome.htm</a>
Description of Service and Client Group	Wellow Unit is an End of Life Care Unit to help support people as they approach the end of their lives.
Description of related services & Client group	IPET, Chaplaincy, Bereavement and Mortuary team, CCOS, Mountbatten Hospice

### LEARNER INFORMATION

Work Patterns	Shift patterns are – Earlies 730am to 330pm Lates 12md to 8pm Long days 730am to 8pm Mid Shift-10am-6pm Nights 730pm to 8am We provide an in-patient service 7 days a week, 24 hours per day
Dress Code	Trust policy <a href="https://www.iow.nhs.uk/Downloads/Policies/Dress%20Code%20and%20Uniform%20policy%20.pdf">https://www.iow.nhs.uk/Downloads/Policies/Dress%20Code%20and%20Uniform%20policy%20.pdf</a>
Induction/Orientation programme	Trust induction provided by the Clinical Education Team. Local induction will be completed on the Unit.
Staff / rest room facilities	We do not have changing facilities on Wellow Unit and would ask students to change for their shift in the onsite changing rooms.

All relevant policies and procedures relevant to the learning environment can be accessed via the Intranet

	<p>We also do not have a designated area specifically for staff breaks, but when available meals can be had in our relative's room, if appropriate. If not, available we can use the Compton Ward staff area., or go to the canteen.</p> <p>We would advise students to bring a packed lunch where possible, we have a fridge and tea / coffee making facilities, we also have microwave facilities on the unit.</p>
Expectations during placement	Learners are expected to engage and be involved with all ward-based activities, depending on their level of experience, training, and knowledge. Learners are expected to act professionally at all times and adhere to professional and organisational standards such as Equality and Diversity. It is expected that the learner raises concerns and good practise to the ward sister.

### LEARNING OPPORTUNITIES & RESOURCES

Recommended reading/Websites	<p>End of life care link on the intranet site</p> <p>Isle of Wight Palliative Care Symptom Control Guidelines – can be downloaded via <a href="http://www.mountbatten.org.uk">www.mountbatten.org.uk</a></p> <p>Wellow Unit SOP</p> <p>Care After Death Policy via St Marys intranet</p> <p>Priorities of Care document</p> <p>NICE guidelines for end-of-life care</p>
Common Abbreviations	<p>EOL – end of life</p> <p>POC – Priorities of Care document which we use on the unit</p> <p>DNACPR – do not attempt cardio pulmonary resuscitation</p> <p>OSC – optimal supportive care</p> <p>PRN – ‘as required’ medications</p> <p>Sub cut – subcutaneous</p> <p>JIC – Just in Case drugs – usually morphine / opiate for pain or respiratory distress, Midazolam for anxiety / distress, Levomepromazine for nausea or in higher doses for terminal restlessness, Hyoscine for increased upper respiratory secretions or abdominal colic pain, Lorazepam used sub lingually (under the tongue) for anxiety or breathlessness in those people who are still alert enough to take this orally.</p> <p>TTOs – if someone is going home to die, we need to obtain medications for them ‘to take out’</p> <p>ACP – anticipatory care plan – often takes into account a person’s wishes not to be re-admitted to hospital or to have active treatment ie ‘to be kept comfortable in a place of their choosing’</p> <p>Fast Track – funding for a package of care either at home or in a nursing home for someone considered to be within their last weeks of life</p> <p>CA – cancer</p> <p>COPD – Chronic obstructive pulmonary disease</p> <p>PE – pulmonary embolism</p> <p>RF – renal failure</p> <p>ALD – alcoholic liver disease</p> <p>RIP – rest in peace, which is often written in the notes after someone has died.</p> <p>RGN – registered general nurse</p> <p>HCA – health care assistant</p> <p>CN – consultant nurse</p> <p>CNS – Clinical nurse specialist</p> <p>IPET – Integrated Palliative and End of Life Team</p> <p>CCOS – Critical care outreach service</p>
Specific learning opportunities	<p>Assessing the holistic needs of a dying patient and the people deemed important to them and putting in place a care plan to enable them to meet their needs</p> <p>symptom control</p> <p>Use of syringe drivers, administration of drugs sub-cutaneously</p> <p>Care of the dying person</p> <p>Pre-bereavement care for loved ones</p> <p>Last offices /care after death</p> <p>Mortuary / bereavement team</p> <p>Working with the IPET team</p> <p>Chaplaincy / spiritual care</p>
Specific areas of expertise/clinical skills	Care of the dying

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	Symptom control Administration of controlled drugs Sub- cutaneous route of administration Syringe drivers Verification of death Assessment of Psychosocial needs – patients and visitors
Common Assessments / Interventions/Care pathways	Priorities of Care
Models of practice experience e.g. Hub & Spoke, Patient Journeys	Close working with IPET, chaplaincy and mortuary / bereavement team

### **MULTIAGENCY LEARNING OPPORTUNITIES / RESOURCES**

Multiprofessional learners accessing the environment	
Professionals working in the environment	Consultant nurse, Integrated Palliative & End of Life Team (IPET), Critical Care Outreach Service (CCOS), Doctors, Infection Prevention and Control Team, Tissue Viability
Opportunities to meet EU directives (Nursing)	Paediatric: possibly/ occasionally Obstetric/maternity: never Mental Health: possibly/occasionally Learning Disabilities: possibly/occasionally