PRACTICE PROFILE



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Area		Location		Contact Number	
Stroke Early Supported Discharge Team		Home 1, St Mary's Hospital, Parkhurst Road, Newport, Isle of Wight PO30 5TG		01983 552500	
Directorate	Acute medicine / Unplanned Care Group		Review of Profile	due	February 2025
Professional Lead	Jeanine Johnson		Department Man	ager	Elizabeth James
Education Lead		Practice Development Facilitator			
Education Lead Contact Details		mary.torralba@nhs.net			
HEI Representative		Academic assessor			
HEI's using this Learning Environment		Southampton, Portsmouth and Open University			
Learning Environment Mission Statement		We Care, We are a Team, We Innovate and Improve. To treat each person individually to achieve their goals following a stroke and having the best quality of life			

LEARNING ENVIRONMENT PROFILE		
General Information	The Team undertakes Stroke early supported discharge, which is a pathway of care for people transferred from an inpatient environment to a primary care setting to continue a period of rehabilitation, reablement and recuperation at a similar level of intensity and delivered by staff with the same level of expertise as they would have received in the inpatient setting.	
Description of Service and Client Group	 The Stroke Early Supported Discharge Team has responsibility for patients at home (including residential and nursing homes) and provides: Intensive, quality stroke care and rehabilitation that is linked to person centred goal orientated programmes, which focus on regaining and maintaining key life skills. Continuity and consistency of care via a smooth transition from hospital to home. To maximise patients' potential to live as independently and safely as possible; and To provide recovery programmes that will support formal/informal carers in maintaining the patient's abilities and skills. 	
Description of related services & Client group	Stroke Unit	

LEARNER INFORMATION

Work Pattern (Start, finish	(Monday – Friday)
times)	Early 0730H – 1530H
	Day 0830H – 1630H
	Late 1230H – 2030H

All relevant policies and procedures relevant to the learning environment can be accessed via the Intranet

Dress Code	IOW NHS Trust dress code policy http://intranet/guidelines/Dress%20Code%20and%20Uniform%20Policy.pdf
Induction/Orientation programme	Organisational induction by CET followed by local induction within clinical area
Staff / rest room facilities	Office is available for breaks and storage of small items/personal bags. All advised to use the auto valet for cleaning of uniform.
Expectations during placement	To encompass the workings of the multi-disciplinary team; to promote independence where needed.

LEARNING OPPORTUNITIES & RESOURCES

Recommended reading/Websites	RCP Stroke Guidelines, National Stroke Service model
Common Abbreviations	PM (Planning Meeting); IDT (Interdisciplinary Team); CRB (Community Rehab Bed); SPARRCS (Single Point of Access, Referral, Review and Co-ordinating Service; STS (Sit-to-Stand); AO1 (Assistance of 1).
Specific learning opportunities	Therapy interventions and assessments, nursing assessments, patient flow and discharge planning, complex patient management
Specific areas of expertise/clinical skills	Rehabilitation nursing, discharge planning, stroke rehabilitation
Common Assessments / Interventions/Care pathways	RCS data, Bartel, Waterlow, MUST, risk assessments, BERG, MOCCA, MMSE
Models of practice experience e.g Hub & Spoke, care pathways, patient journeys	Stroke Pathways

MULTIAGENCY LEARNING OPPORTUNITIES / RESOURCES

Multiprofessional learners	Physiotherapy, Occupational therapy and Nursing students
accessing the environment	
Professionals working in the environment	Nurses, Physiotherapists, Occupational Therapists, Speech Language Therapists, Associate Practitioner, Stroke Support Workers, Clinical Psychologist
Opportunities to meet EU directives (Nursing)	This area supports many different patients with a variety of healthcare needs.