# PRACTICE PROFILE

Isle of Wight NHS

**NHS Trust** 

Area		Location		Contact Number	
Single Point of Access (SPA)		Integrated Mental Health HUB			01983 522214
		South Block, St Ma	ry's Hospital		
Directorate	Mental Health & LD		Review of Profile due		April 2024
Service Lead	Sorrel Day Lead		Department Manager		Claire Simms
Head of Nursing	Bev Fryer		Student Link		To Be Confirmed
Education Link		Practice Educator, Matthew Walker,			
		matthew.walker19@nhs.net			
Education Link Contact Details		Tel: (01983) 822099 Ext 5354			
		Education Centre			
HEI's using this Learning Environment		UoS, Open University, Portsmouth University			
Learning Environment Mission Statement		'Care' is the golden thread running through everything			
		we do; Compassionate, Team-working, Improving,			
		Valued			

## LEARNING ENVIRONMENT PROFILE

General Information	http://www.iow.nhs.uk/Working-With-Us/learning-zone/student- welcome.htm
Description of Service and Client Group	The Single Point of Access (SPA) is the gateway service to secondary mental health care on the Isle of Wight. We are currently in an exciting phase of transformation to becoming Assessment 2 Intervention (A2I)
	We continue to offer a triage, mental health assessment and signposting service. We will accept self, routine, urgent and crisis referrals. Assessments can be undertaken both on site and in peoples own homes.
	The Single Point of Access also provide the mental health crisis line, for the support of people suffering from mental health difficulties on the Isle of Wight. Brief Interventions is used by team, for people who are at high risk but do not meet secondary services criteria. We also provide ongoing 72-hour assessment for people currently in crisis.
	Students will experience acute mental health work with acutely unwell clients within their own homes, where building a therapeutic relationship is paramount. Students will have the opportunity to gain experience within all teams/functions of SPA.
Description of related services & Client group	Liaison with acute MH Services, community mental health service (CMHS). Social services. AMHPs

#### LEARNER INFORMATION

Work Pattern (Start, finish times)	Early 0700 to 1500; Day shift 0830 to 1630; Late shift 1400 to 2200; Long day 0830 to 2200 and extra long day 0700 to 2200. We operate a seven-day service but no longer operate
	overnight as services are now transferred to 111.
Dress Code	IOW NHS Trust dress code policy https://www.iow.nhs.uk/Downloads/Policies/Dress%20Code%20and%20Uniform%20policy% 20.pdf
Induction/Orientati	Organisational induction by CET followed by local induction within clinical area. Students will
on programme	be sent an email invitation to induction
Staff / rest room	Kitchen available and rest areas.

All relevant policies and procedures relevant to the learning environment can be accessed via the Intranet

facilities		
Expectations during	All students to follow Health Education Wessex learning charter and The IOW Trusts Vision,	
placement	Values and Behaviours Framework.	
	See embedded documents	
	In addition to building an understanding of, and confidence in, undertaking mental health assessments, risk assessment and management, knowledge of psychotropic medication, mental health diagnosis and basic CBT skills. An understanding of telephone crisis management and liaison skills with other disciplines and departments. The learner would also be expected to develop advanced therapeutic communication skills and an understanding of safeguarding and capacity.	

### LEARNING OPPORTUNITIES & RESOURCES

Recommended reading/Websites	Familiar with Mental Health Crisis Care Concordat document. Borderline Personality Disorder resources from MIND and assessing Risk within Acute
	settings
Common Abbreviations	
Specific learning opportunities	Opportunities to meet all proficiencies /ESC in AOP
Specific areas of expertise/clinical	Mental health assessment skills – mental state examination, CBT skills /
skills	therapeutic interventions, Anxiety + Depression management, Relaxation
	techniques, Risk assessment and management, Harm reduction, Child
	protection / safeguarding, Health Of Nation Outcome Score (HONOS),
	Psychotropic medications. Consultant reviews.
Common Assessments /	Pack will be given on day 1 in the unit
Interventions/Care pathways	Mental State Examinations, Diagnosis, understanding clusters and care
	pathways including psychosis, borderline personality disorder, bi-polar
	disorder, clinical depression and acute anxiety disorder. Patients that
	present with a significant risk to self or others.
Models of practice experience e.g.	Hub and Spoke opportunities to Inclusion, Social Services, Police, DOT,
Hub and Spoke, Care pathways,	Psychic Liaison, Peer Support Workers, Discharge Facilitators, Foodbanks,
Patient Journeys	Hostels and a range of third sector services.

#### **MULTIAGENCY LEARNING OPPORTUNITIES / RESOURCES**

Multi-professional learners	MH Nursing, OT, Social workers, Mental Health Support Workers, Consultant
accessing the environment	Psychiatrists, Mental Health Nurse prescribers
Professionals working in the	Handover discussions (daily) and social workers.
environment	
Opportunities to meet EU directives	Maternity, Child (Safeguarding), mental health and psychiatry, general and
(Nursing)	specialist medical, general and specialist surgical, care of the old and
	geriatrics.