PRACTICE PROFILE

Isle of Wight NHS

NHS Trust

Area		Location		Contact Number	
Home Treatment Team Psychiatry		Sevenacres - St. Mary's Hospital –		01983 552522	
		Newport – Isle of Wight – PO30 5TG			
	-		1		
Directorate	Community and	Mental Health	Review of Profile d	lue	June 2023
Professional Lead	ssional Lead Becky Lawson		Department Mana	ger	Becky Lawson
Education Lead		Matthew Walker			
Education Lead Contact Details		Matthew.walker19@nhs.net			
HEI Representative					
HEI's using this Learning Environment		UoS, OU, Portsmouth Uni			
Learning Environment Mission Statement		Home treatment aim to support patients experiencing			
		acute mental distress avoid hospital admission by			
		receiving treatment at home. The team also support			
		early discharge from hospital and gatekeep inpatient			
			beds.		

LEARNING ENVIRONMENT PROFILE

General Information	http://www.iow.nhs.uk/Working-With-Us/learning-zone/student-
	welcome.htm
Description of Service and Client Group	The Home Treatment Team is comprised of home treatment and 72 hour
	Assessment Beds/Discharge Facilitating. The age-range of the people we
	support is 18 years and upwards (no upper age limit but not organic
	illness). The team is an integral part of the mental health services on the
	Island and acts as a gatekeeper to all inpatient mental health beds. Since
	October 2015 the team have also taken on the clinical responsibility for 72
	hour assessment beds on the wards.
	Students will experience acute mental health work with acutely unwell
	clients within their own homes, where building a therapeutic relationship
	is paramount. Students will have the opportunity to gain experience
	within all teams/functions of HT.
Description of related services & Client	Liaison with acute wards via HT Discharge facilitator. Links with
group	community mental health team (CMHT) via discharge planning meetings.
	Links with third sector and Local Authority.

LEARNER INFORMATION

Work Pattern (Start, finish times)	HT shifts are as follows : 9 to 5pm, 2 to 10pm, , 7 days a week.
Dress Code	IOW NHS Trust dress code policy
Induction/Orientation programme	Organisational induction by CET followed by local induction within clinical area. Students will be sent an email invitation to induction
Staff / rest room facilities	Sevenacres staff room with microwave, kettle facilities
Expectations during placement	All students to follow Health Education Wessex learning charter and The IOW Trusts Vision, Values and Behaviours Framework.
	In addition to building an understanding of, and confidence in, undertaking mental health assessments, risk assessment and

All relevant policies and procedures relevant to the learning environment can be accessed via the Intranet

management, knowledge of psychotropic medication, mental health
diagnosis and basic CBT skills. An understanding of telephone crisis
management and liaison skills with other disciplines and departments. The
learner would also be expected to develop advanced therapeutic
communication skills and an understanding of safeguarding and capacity.

LEARNING OPPORTUNITIES & RESOURCES		
Recommended reading/Websites	Familiar with Mental Health Crisis Care Concordat document. Borderline Personality Disorder resources from MIND. HTT SOP.	
Common Abbreviations	SOP – Standard operating procedure	
Specific learning opportunities	Opportunities to meet all proficiencies /ESC in AOP	
Specific areas of expertise/clinical skills	Mental health assessment skills – mental state examination, CBT skills / therapeutic interventions, Anxiety + Depression management, Relaxation techniques, Risk assessment and management, Harm reduction, Child protection / safeguarding, Health Of Nation Outcome Score (HONOS), Psychotropic medications	
Common Assessments / Interventions/Care pathways	Pack will be given on day 1 in the unit Mental State Examinations, Diagnosis, Clusters and pathways includes psychosis, borderline personality disorder, bi-polar disorder, clinical depression and acute anxiety disorder. Patients that present with a significant risk to self.	
Models of practice experience e.g. Hub and Spoke, Care pathways, Patient Journeys	Hub and Spoke opportunities to Inclusion, Social Services, Police, liaison team visiting ED, MAU, Discharge Facilitators, Foodbanks, Hostels	

MULTIAGENCY LEARNING OPPORTUNITIES / RESOURCES

Multi-professional learners	MH Nursing, OT, Social workers, Mental Health Support Workers, Consultant	
accessing the environment	Psychiatrists, Mental Health Nurse prescribers	
Professionals working in the	MDT discussions (daily), Social workers, OT, Medics, Pharmacist, AMHP,	
environment	Psychologists	
Opportunities to meet EU directives (Nursing)	Maternity, Child (Safeguarding), mental health and psychiatry, general and specialist medical, general and specialist surgical, care of the old and geriatrics.	