

PRACTICE PROFILE



| Area | | Location | | Contact Number |
|--|-------------------------|--|----------------------|----------------|
| Early Intervention Psychosis -EIP | | 44-46 Orchard Street, Newport, Isle of Wight, PO30 1JZ | | 01983 552555 |
| Directorate | Community-Mental Health | Review of Profile due | March 2024 | |
| Professional Lead | Helen Figgins | Department Manager | Anne-Marie Hempstead | |
| Education Lead | | Jon Hall | | |
| Education Lead Contact Details | | anne-marie.hempstead@nhs.net jon.hall1@nhs.net | | |
| HEI Representative | | Open University - Gemma Cherry University of Southampton | | |
| HEI's using this Learning Environment | | University of Southampton and Open University | | |
| Learning Environment Mission Statement | | Helping you understand your experiences and supporting you through your recovery. | | |

LEARNING ENVIRONMENT PROFILE

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| General Information | https://www.iow.nhs.uk/news/Improving-access-to-Early-Intervention-Psychosis-Service.htm www.epicminds.co.uk |
| Description of Service and Client Group | <p>The Early Intervention in Psychosis service will:</p> <ul style="list-style-type: none"> • Reduce the length of time young people remain undiagnosed and untreated • Develop meaningful engagement, provide evidence based interventions and promote recovery during the early phase of illness • The service will provide a user centred service, which focuses on young people from the age of 14 to 65 with a first episode of psychosis and remain engaged with them for up to 3 years. |
| Description of related services & Client group | Mental Health Services |

LEARNER INFORMATION

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| Work Pattern (Start, finish times) | The normal hours of operation will be 09:00 to 17:00 Monday - Friday |
| Dress Code | Isle of Wight NHS Trust dress code policy |
| Induction/Orientation programme | Student welcome pack available upon arrival – in the process of being updated |
| Staff / rest room facilities | Room available to make tea and coffee. Small kitchen facilities. |
| Expectations during placement | <p>We expect all students to explore their learning needs with their identified supervisor. To work within the limitations of their role as student whilst working under supervision to increase their knowledge and experience. Students are expected to actively participate in the therapeutic programme, building good relationships with service users. Familiarise themselves with unit/Trust paperwork and policies.</p> <p>To adhere to University and Trust Guidelines</p> |

All relevant policies and procedures relevant to the learning environment can be accessed via the Intranet

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LEARNING OPPORTUNITIES & RESOURCES

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| Recommended reading/Websites | <p>The Oliveira Library is based at St Mary's Hospital in the education centre and provides a full library service to all NHS employees on the Island, students on placement and other groups by arrangement. Email: library@iow.nhs.uk</p> <p>www.epicminds.co.uk</p> <p>https://www.nice.org.uk/guidance/qs80/chapter/quality-statement-1-referral-to-early-intervention-in-psychosis-services</p> |
| Common Abbreviations | <p>FEP – First episode Psychosis ARMS – at risk mental state PHC – physical health clinic OPA – outpatients appointment BFT – Family work (behavioural family therapy)</p> |
| Specific learning opportunities | <p>Many learning opportunities available to work with various other multi professionals within the EIP. OT, group work, risk assessment, initial assessment, treatment pathways, psychological therapist, crisis referrals, signposting, discharge planning, MDT meetings, outcome measures.</p> |
| Specific areas of expertise/clinical skills | <p>Specialist Psychosis service Early Intervention Opportunities to work on assessment skills, using relevant tools to assist in assessment of a service user.</p> |
| Common Assessments / Interventions/Care pathways | <p>Initial assessment Risk assessment ARMS (At risk mental state) pathway (1 year) FEP (first episode psychosis) pathway (3 years) Outcomes measures including QPR, DIALOG, HONOS.</p> |
| Models of practice experience e.g Hub and Spoke, Care pathways, Patient Journeys | <p>Specialist, island wide, standalone service Specific care pathways used (see above) Links to wider IOW NHS Trust Mental Health Services as appropriate Links to third sector and primary care services see below.</p> <ul style="list-style-type: none"> • Community Child and Adolescent Mental Health Services (CCAMHS) • Recovery service • Osborne and Seagrove wards (inpatient MH) • Inclusion • Mental Health hospital pharmacy • Isorropia • Two Saints • Home Treatment Crisis Team • Single Point of Access • ECT clinic • MH OT service |

MULTIAGENCY LEARNING OPPORTUNITIES / RESOURCES

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| Multi-professional learners accessing the environment | There are many opportunities for students to work with a broad range of professionals including OT, Psychotherapist, CBT therapist, Doctors, MH nurses, Peer workers. |
| Professionals working in the environment | The environment consists of various professions, including OT, Psychotherapist, CBT therapist, Doctors, MH nurses, Peer workers, Support Workers. |
| Opportunities to meet EU directives (Nursing) | Mental health and psychiatry, Service Users may be also receiving support from other areas and therefore there is potential to encounter maternity care, care of the old and geriatrics, home nursing, general and specialist medicine. |