

PRACTICE PROFILE



Area	Location	Contact Number/s	
Community Mental Health Team	Chantry house Newport Isle of Wight – PO30 5TG (due to move to 62 High Street, Newport March 2024) The Barracks, The Broadway, Sandown, Isle of Wight PO36 9GA The Ryde Health Wellbeing Centre, Pellhurst Road, Ryde, Isle of Wight PO33 3DT	01983 525254 (Chantry House)	
Directorate	Mental Health Business Unit	Review of Profile due	February 2026
Professional Lead	Lesley Stevens	Department Manager	Chelsea Challis – W&C Willow Hughes-Thomas – NE Mark Evemy - South
Education Lead	Chelsea Challis and Mark Evemy CMHT team leads		
Education Lead Contact Details	01983 525254		
Learning Environment Facilitator	Matthew Walker matthew.walker19@nhs.net		
HEI Representative	Moira Sugden, m.sugden@soton.ac.uk , Yvette Revel-Smith, yvette.revell-smith@port.ac.uk , Gemma Cherry g.cherry@open.ac.uk		
HEI's using this Learning Environment	University of Southampton, Portsmouth, Solent and Open University		
Learning Environment Mission Statement	CMHT is working exclusively with patients whose needs are severe, enduring and require ongoing secondary care. To provide high quality care, using evidence based treatment and responsive in nature.		

LEARNING ENVIRONMENT PROFILE

General Information	Student placement information accessible at the following link. http://www.iow.nhs.uk/Working-With-Us/learning-zone/student-welcome.htm
Description of Service and Client Group	Clients over the age of 18 to include the older person without cognitive impairment with severe and enduring MH problems
Description of related services & Client groups	Specialist staff with interest in people with severe and enduring mental health Management of patients with dual diagnosis i.e. Substance misuse with complex mental health needs Psychological Therapy Team providing evidence based interventions Medications Management – Depot clinics, physical health clinics Specialist staff delivering evidence based recovery approach support in community setting Liaising with multi agency services to manage high risk client group Safeguarding Adults and Children Service user peer support

LEARNER INFORMATION

Work Pattern (Start, finish times)	Monday to Friday 9am-5pm
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All relevant policies and procedures relevant to the learning environment can be accessed via the Intranet

Dress Code	IOW NHS Trust dress code policy (insert link)
Induction/Orientation programme	Organisational induction and/or local induction within clinical placement area See embedded document -
Staff / rest room facilities	Basic tea making facilities available, microwave, fridge and freezer Rest room Main hospital canteen if based on site – Bring your own packed lunch
Expectations during placement	To work with a range of professionals within the team to gain experience of supporting patient in a community setting with complex mental health needs Variety of opportunities to meet learning needs To become part of the team during your placement experience To adhere to professional requirements as set out by your place of study and the NMC

LEARNING OPPORTUNITIES & RESOURCES

Recommended reading/ Websites	<p>Sainsbury's Centre for Mental Health – Making Recovery a Reality http://www.orghealth.co.uk/uploads/articles/Making%20recovery%20a%20reality%20-%20Sainsbury%20Centre.pdf</p> <p>NICE Guidelines – for diagnosis for severe and enduring such as Bipolar, EUPD, Schizophrenia https://www.nice.org.uk/</p> <p>No Health without Mental Health - https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/213761/dh_124058.pdf</p> <p>Information on Community Mental Health Teams - https://www.rethink.org/advice-and-information/living-with-mental-illness/treatment-and-support/community-mental-health-team-cmht/ https://www.iow.nhs.uk/our-services/mental-health-services/community-mental-health-services.htm</p> <p>Depot medications Guidance - https://www.rcpsych.ac.uk/mental-health/treatments-and-wellbeing/depot-medication</p> <p>Local Care Programme Approach (CPA) CPA policy - https://www.iow.nhs.uk/Downloads/Policies/Care%20Programme%20Approach%20Policy.pdf</p>
Common Abbreviations	See embedded student pack
Specific learning opportunities	See embedded student pack and learning environment profile
Specific areas of expertise/	Motivational Interviewing, DBT, CBT, WRAP and CRISIS Planning DEPOT injections and Physical health checks

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clinical skills	Risk Assessments and Care Planning
Common Assessments / Interventions/ Care pathways	Care Programme Approach (CPA) Talking Mental Health - https://www.isleofwightccg.nhs.uk/get-involved/public-consultations/Mental%20Health%20Blueprint%201701.pdf Assessing and Managing Risk - https://www.gov.uk/government/publications/assessing-and-managing-risk-in-mental-health-services Mental State Examination – https://www.evidence.nhs.uk/search?q=mental%20state%20examination GAD and PHQ
Models of practice experience e.g. Hub and Spoke, Care pathways, Patient Journeys	Visits to supported accommodation, inpatient ward rounds, patients homes, residential homes, other agencies, third sector agencies, Isorropia and Inclusion Adult mental health practitioners (AMHP's) Prison service, probation services, police Adult and child safeguarding Forensic liaison to mainland units Responding to clients in crisis and Liaising with crisis services, urgent visits

MULTIAGENCY LEARNING OPPORTUNITIES / RESOURCES

Multi-professional learners accessing the environment	Mental Health Nursing, OT, Social Work, Medical
Professionals working in the environment	Social care staff integrated into team Consultant psychiatrists (including SHO and trainees) Occupational Therapists psychology therapists Specialist Police Liaison Mental Health Practitioners – Nurse, OT and Social Worker Support Workers Administration staff
Opportunities to meet EU directives (Nursing)	Mental Health exposure Learning Disabilities exposure occasionally