

# My life a full life<sup>®</sup>

Caring for our Island  

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Time to Act



# A call to action

We want you to work with us to deal with the problems we face in providing health and care services on the Isle of Wight. Tell us what you like and don't like about the care you get now.

## The challenge

People are living longer and on the Island we have more elderly people than other areas – 1 in 4 of our population is aged 65 or over, compared with 1 in 6 in England overall.

People's needs are getting more complex – more people have one or more long term conditions like arthritis or diabetes.

Lots of people on the Island are acting as carers to their loved ones and need more support.

All services are facing financial pressure – if we don't take action now, we will run out of money and people won't get the care they need.



# The challenge

We need to think about what we could change and how. Please tell us any ideas you may have. Below are some questions you might want to answer:

- Do you always need to see a doctor in person? Could you talk on the telephone or by Skype? Or could you see a nurse instead?
- Do you have to go to hospital for care, or could you be treated at home or in a community clinic?
- Would you be happy to go to the mainland for care to save money for other services?
- Would you like a personal budget for your care and advice to help you manage your own needs instead of someone else deciding for you what you need?



We really want to hear from people before Friday 27th May 2016. Please fill in the form or visit [www.mylifeafulllife.com](http://www.mylifeafulllife.com) to tell us what you think.



Please fill in the form below or visit  
[www.mylifeafulllife.com](http://www.mylifeafulllife.com) to tell us what you think.

You can call us on 01983 822099, extension 3085  
if you would prefer.

Name:

How best to contact me:

What do you think about health and care services on  
the Island at the moment?

What changes would you like to see?

*My life*  
*a full life®*

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Licence Number  
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