

My life a full life[®]

Caring for our Island

Time to Act



A call to action

This is a call to action to everyone on the Isle of Wight. We want you to work with us to address the challenges we face in providing health and care services.

- Tell us what's good and bad about services on the island.
- Tell us what we can do better.
- Help us reshape services to address our challenges

There is much to be proud of in how we look after each other on the Island. We take good care of each other – and want to continue doing so.

nurses, social workers and carers to provide those services. Like all public services on the Island, health and care services are facing significant financial challenges.

However, there are a number of challenges facing our health and care services – and they are continuing to grow.

Existing services are struggling to provide the quality of care we all expect. We're facing particular difficulties recruiting doctors,



The challenge

Demand for health and care is increasing – we're all living longer, which is something to celebrate. But this is also increasing demand on health and care services. We have a much larger older population compared with the rest of England so face a bigger challenge.

A workforce that needs to grow and change – Our health and care service is dependent on the people that work within it. Many of these individuals are set to retire over the next few years. We also currently struggle to recruit and retain staff. We need to make sure we have the people we need.

Patient needs are increasingly complex – More people will now live with one or more long-term conditions such as diabetes and arthritis. They also want to receive their care at home rather than making a visit to hospital. Currently services aren't set up to allow this to happen.

The system isn't coping – Pressure on hospital beds and community services means some people don't get home as quickly as they would like. The costs of providing some services on the Isle of Wight are higher than providing them on the mainland, so we also need to consider which services are better managed elsewhere and the impact on the individual.

If we don't take action now, the combined Isle of Wight health and social care system will face a funding shortfall of £52 million by 2020.

Without change some people across the Island will go without the level of care they need.

We also have a rare opportunity to look at things again and get it right. A chance to ensure everyone on the Island can access the services they need, in the most appropriate place for them to be delivered. We need you to tell us about your experiences of health and care services on the Isle of Wight – and how you want to see them change.

Did you know?



- A quarter of the Island's population is over the age of 65 compared with 16.6% in England overall.
- About 70% of hospital beds on the Island are currently occupied by people over the age of 65.
- Growing pressure on social care services means the Island needs to recruit 100 additional carers in order to look after people in need.
- People under the age of 75 on the Island have worse than expected outcomes for cancer, compared with other parts of the country.
- In 2011, over 32,000 people on the Island were estimated to have an undiagnosed or unrecorded long-term condition.



What this means

You may already have heard of **My life a full life** a new way of delivering health and social care services on the Island.

My Life A Full Life has been working with people across the Island to shape the health and care system around their needs. Working together has helped us improve services and plan for increasing demands in the future.

We are now asking you to help us build on this work to completely reshape services on

the Island. Tell us what you like and don't like about the care you currently receive.

Help us understand the changes that are needed so that we can address these challenges together. Help us take action and ensure we look after people the way they want to be cared for.



Why change is needed

We need to change because of all the pressures we are facing. But we also need to change because we know we can do better.

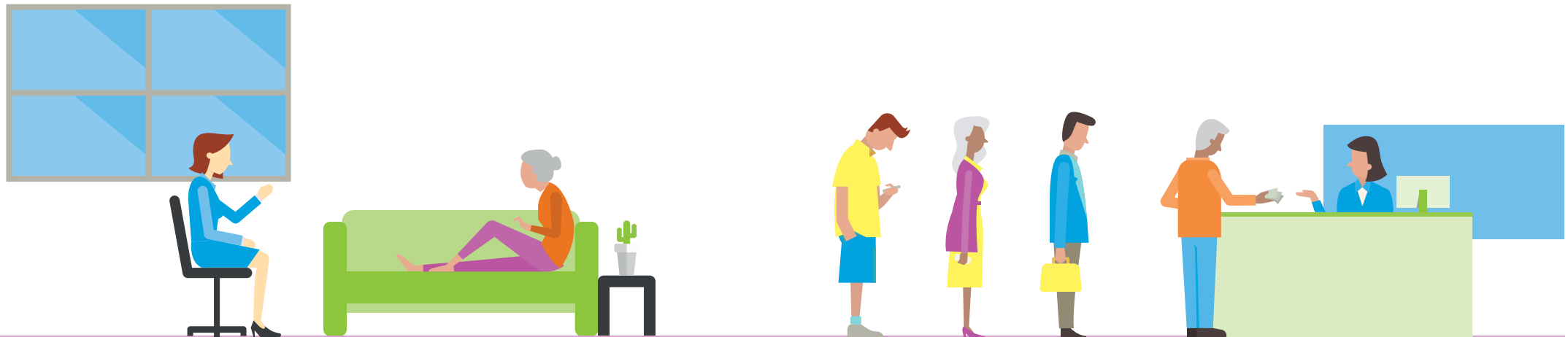
Services have been provided the same way for years and they haven't changed in the way our population has.

People across the Island have told us that they want more from our care system – better choices and better quality treatment.

People want services and organisations to work more closely together so they don't feel like they always have to explain their needs over and over again when they move between organisations.

We also know that a large number of people have to visit hospital when care could be provided in alternative places such as their home or community clinics – which we know people usually prefer.

Instead of making do and mending, we have an opportunity to ensure our services get it right – and keep getting it right for years to come.



We need to change because

We want to provide health and care services that work for everyone on the Isle of Wight. Better services that talk to each other and respond to people's needs at every step and provide care for people in the most appropriate place.

People's needs are changing. People are living longer and we need to adapt to their changing needs.

Growing demand. Every care service on the Isle of Wight has seen significant increases in demand. One person in 10 now acts as a carer to someone else on the Island – these people need our support.

We cannot afford to do nothing. Funding for health and social care is limited and the Island will face an increasing funding shortfall by 2020 if we don't make any changes.

Ambitions for the future on the Isle of Wight

Responding to the need to change

The My Life a Full Life programme aims to transform people's experiences of care, help people lead healthier lives and ensure we continue to meet demand.

Working closer together in the local area

We want to plan our services around people – rather than people planning their lives around services. We want to make it easier for people in health and care services to work together to make the best of resources.

Helping people to care for themselves

We want to help people manage their own day-to-day health conditions, providing them with the right advice and information when they need it, avoiding inappropriate trips to hospital.

Dealing with crises and getting people back on their feet quickly

When people do encounter a crisis, we want to make sure all our services come together to tackle the problem and resolve it, so that people can get back to living as full a life as possible.

Imagining the future

It can be difficult to imagine what a completely reshaped health and care system could look like.

Take some time to think about your experiences and think about what might have been better.

Could some conditions be treated better by a nurse rather than waiting to see a doctor? Would you always have to visit a doctor in person for an appointment.

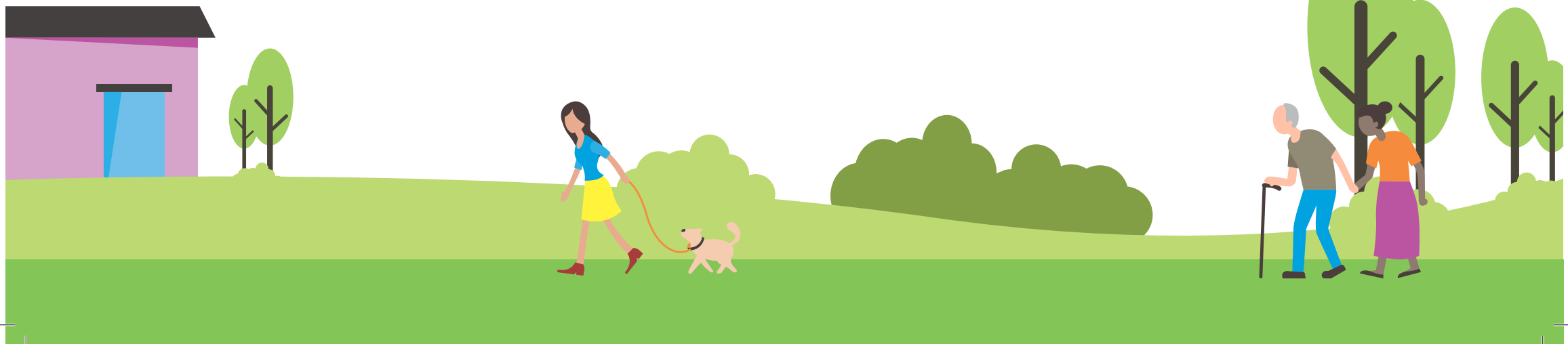
Would you have to go to hospital for care, or could care come closer to you – either to your home or to a community clinic?

Would you be happy to travel for specialist care if it meant funding could be focused at day-to-day services instead?

What if you were put in charge of managing your own care and supported to make decisions through advice and a personal budget?

These are all things you could consider when deciding what you want from the future of health and care services on the Isle of Wight.

It may not be possible to implement everyone's suggestions. But the first step is telling us what you think so we can then work out what is possible.



We want you to help us take action

We want to hear from you about what currently works well, what doesn't work well and what changes you would like to see happen as part of this process.

We really want to hear from people before 27th May 2016.

Use the attached form or visit www.mylifeafulllife.com/timetoact to tell us how you think the Island's health and social care services should change.

You can email us: MLAFL@iow.gov.uk

Or get in touch with us by phone 01983 822099 extension 3085

You can find out details of how to get involved and the latest news on our website: www.mylifeafulllife.com

Unfortunately, we will not be able to respond individually to each piece of feedback. However, all of the responses we receive will help us reshape services on the Island and the findings will be made public.

This is only the first step in a really important conversation this year about what you want from the Island's health and care services. More information about forthcoming events and other opportunities to have your say will be available in the coming weeks and months.



Name

How best to contact me

What do you think about health and care services on the Island at the moment?

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What changes would you like to see?

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My life
a full life®